pre e benxamin (6) — **0,6 km 15 m** — **9 C**

os	rsal	Nombre	Cat.	Tiempo	1(31)	2(32)	3(33)	4(96)	5(34)	6(35)	7(38)	8(39)	9(100)	Meta
1		**VÁZQUEZ MARTÍNE**	PRE	**4:35**	0:40	1:11	1:38	**1:54**	**2:21**	**2:40**	**3:01**	**3:42**	**4:01**	**4:35**
		Independiente/otro			0:40	0:31	***0:27***	0:16	0:27	0:19	***0:21***	0:41	0:19	***0:34***
2		**Ojea Sanz, Cristian**	BEN	**6:00**	0:40	1:24	1:51	2:05	2:33	3:02	3:39	4:48	5:14	6:00
		Independiente/otro			0:40	0:44	***0:27***	0:14	0:28	0:29	0:37	1:09	0:26	0:46
3		**garcia, Saul**	BEN	**7:23**	**0:36**	**0:59**	**1:35**	2:07	2:27	2:44	3:29	4:08	4:23	5:23
		Vacante			***0:36***	***0:23***	0:36	0:32	***0:20***	***0:17***	0:45	***0:39***	***0:15***	1:00
4		**Aller Pf, Mailén**	BEN	**7:48**	1:11	2:39	3:31	3:45	4:40	5:30	5:58	6:44	7:04	7:48
		O Barco de Vald. Cl			1:11	1:28	0:52	0:14	0:55	0:50	0:28	0:46	0:20	0:44
5		**Mata, Donatella**	BEN	**8:10**	1:17	2:02	2:43	2:58	3:34	4:56	5:42	6:57	7:29	8:10
		O Barco de Vald. Cl			1:17	0:45	0:41	0:15	0:36	1:22	0:46	1:15	0:32	0:41
6		**Aller Pfirter, Martina**	PRE	**8:39**	1:28	3:42	4:17	4:30	5:02	5:35	6:09	7:11	7:35	8:39
		O Barco de Vald. Cl			1:28	2:14	0:35	***0:13***	0:32	0:33	0:34	1:02	0:24	1:04

alevin infantil e cadete (10) — **1,6 km 80 m** — **11 C**

					1(32)	2(85)	3(80)	4(81)	5(82)	6(84)	7(83)	8(96)	9(35)	10(37)	11(100)	Meta
1		**Nogueira Gómez, R**	CAD	**14:08**	**0:51**	**1:55**	**2:48**	**4:06**	**5:42**	**6:43**	**7:59**	**9:04**	**10:41**	**13:21**	**13:44**	**14:08**
		O Barco de Vald. Cl			***0:51***	***1:04***	***0:53***	1:18	***1:36***	***1:01***	1:16	1:05	1:37	2:40	***0:23***	***0:24***
2		**Trigo Vázquez, Iago**	INF M	**17:37**	1:07	2:54	4:13	5:44	7:37	8:58	10:15	11:41	12:43	16:25	17:05	17:37
		O Barco de Vald. Cl			1:07	1:47	1:19	1:31	1:53	1:21	1:17	1:26	***1:02***	3:42	0:40	0:32
3		**GARRIDO BLANCO,**	ALE M	**17:47**	1:16	2:44	4:04	5:05	6:53	9:51	10:53	11:47	15:20	16:36	17:09	17:47
		XInzo de Limia A.D.			1:16	1:28	1:20	***1:01***	1:48	2:58	1:02	***0:54***	3:33	***1:16***	0:33	0:38
4		**Aller Pfirter, Milagro**	CAD	**18:59**	1:16	3:23	5:06	6:56	9:39	10:52	12:38	14:08	15:36	17:38	18:28	18:59
		O Barco de Vald. Cl			1:16	2:07	1:43	1:50	2:43	1:13	1:46	1:30	1:28	2:02	0:50	0:31
5		**García Sierra, Saúl**	ALE M	**20:24**	4:18	5:45	6:54	8:31	10:44	11:47	12:58	15:00	16:33	18:54	19:39	20:24
		Independiente/otro			4:18	1:27	1:09	1:37	2:13	1:03	1:11	2:02	1:33	2:21	0:45	0:45
6		**VÁZQUEZ MARTÍNE**	INF M	**21:22**	2:02	8:08	9:16	10:37	12:22	13:23	14:24	15:18	18:53	20:16	20:46	21:22
		Independiente/otro			2:02	6:06	1:08	1:21	1:45	***1:01***	***1:01***	***0:54***	3:35	1:23	0:30	0:36
7		**Moreira Rodriguez,**	INF F	**26:09**	5:36	7:19	9:14	10:49	13:37	16:34	18:48	21:21	22:47	24:42	25:33	26:09
		Independiente/otro			5:36	1:43	1:55	1:35	2:48	2:57	2:14	2:33	1:26	1:55	0:51	0:36
8		**rios rubio, yurena**	ALE F	**29:11**	8:04	9:44	11:42	13:12	16:03	19:10	21:12	23:46	25:20	27:19	28:21	29:11
		O Barco de Vald. Cl			8:04	1:40	1:58	1:30	2:51	3:07	2:02	2:34	1:34	1:59	1:02	0:50
9		**Mata Rodriguez, Do**	ALE F	**40:34**	1:16	5:41	8:57	11:23	21:56	29:37	32:59	35:01	36:27	38:51	39:35	40:34
		O Barco de Vald. Cl			1:16	4:25	3:16	2:26	10:33	7:41	3:22	2:02	1:26	2:24	0:44	0:59
10		**Aller Pfirter, Mailén**	ALE F	**41:44**	2:13	6:45	9:56	12:22	22:47	30:39	34:07	36:00	37:29	40:13	40:45	41:44
		O Barco de Vald. Cl			2:13	4:32	3:11	2:26	10:25	7:52	3:28	1:53	1:29	2:44	0:32	0:59
					38:20											
					**38*											

senior veteranos (14) — **2,4 km 165 m** — **17 C**

					1(33)	2(94)	3(91)	4(92)	5(93)	6(97)	7(90)	8(88)	9(80)	10(82)	11(84)	12(83)	13(87)
					15(34)	16(36)	17(100)	Meta									
1		**Mata Rodríguez, Er**	SEN	**20:51**	**0:57**	5:11	6:39	7:54	8:54	9:57	10:39	11:29	**12:42**	**14:50**	**15:28**	**16:16**	**17:00**
		O Barco de Vald. Cl			***0:57***	4:14	***1:28***	1:15	1:00	***1:03***	***0:42***	0:50	***1:13***	***2:08***	***0:38***	***0:48***	***0:44***
					19:11	**20:13**	**20:33**	**20:51**									
					0:59	***1:02***	***0:20***	***0:18***									
2		**ALVAREZ GONZALE**	SEN	**22:55**	1:11	3:53	5:40	7:09	7:53	**8:58**	**10:00**	11:29	12:50	15:28	16:12	17:05	18:04
		O Barco de Vald. Cl			1:11	2:42	1:47	1:29	***0:44***	1:05	1:02	1:29	1:21	2:38	0:44	0:53	0:59
					20:49	22:10	22:32	22:55									
					1:07	1:21	0:22	0:23									
3		**Trigo Recarey, Xan**	SEN	**23:32**	1:09	3:15	**5:27**	**6:45**	**7:50**	9:03	10:43	11:42	13:21	15:59	16:37	17:27	18:18
		O Barco de Vald. Cl			1:09	2:06	2:12	1:18	1:05	1:13	1:40	0:59	1:39	2:38	***0:38***	0:50	0:51
					20:48	22:44	23:07	23:32									
					0:50	1:56	0:23	0:25									
4		**Piñeiro Portela, Jor**	SEN	**24:21**	1:03	3:56	6:12	7:21	8:17	9:22	10:14	**11:00**	12:46	15:18	15:57	16:51	17:48
		A Coruña Artabros			1:03	2:53	2:16	1:09	0:56	1:05	0:52	0:46	1:46	2:32	0:39	0:54	0:57
					22:01	23:29	23:57	24:21									
					1:58	1:28	0:28	0:24									
5		**Mata Núñez, Jose L**	VET M	**29:10**	1:14	5:24	9:51	10:56	11:51	13:15	14:38	15:47	18:05	20:39	21:32	22:35	23:52
		O Barco de Vald. Cl			1:14	4:10	4:27	***1:05***	0:55	1:24	1:23	1:09	2:18	2:34	0:53	1:03	1:17
					26:51	28:20	28:46	29:10									
					1:05	1:29	0:26	0:24									
6		**Piñeiro Varela, Marí**	SEN	**31:49**	1:09	6:26	8:57	10:43	12:08	13:44	15:00	16:16	17:53	21:47	22:52	23:58	24:56
		A Coruña Artabros			1:09	5:17	2:31	1:46	1:25	1:36	1:16	1:16	1:37	3:54	1:05	1:06	0:58
					28:57	30:49	31:20	31:49									
					1:39	1:52	0:31	0:29									
7		**Peláez Méndez, Patr**	VET M	**41:31**	1:23	7:40	10:25	12:30	13:50	14:59	16:02	17:27	23:12	25:54	26:53	27:59	31:43
		Independiente/otro			1:23	6:17	2:45	2:05	1:20	1:09	1:03	1:25	5:45	2:42	0:59	1:06	3:44
					36:35	40:36	41:01	41:31									
					2:41	4:01	0:25	0:30									
8		**Crespo Quindós, B**	VET F	**42:19**	1:57	10:14	13:05	15:41	17:18	19:07	20:33	22:10	25:26	28:48	30:01	31:38	33:18
		Independiente/otro			1:57	8:17	2:51	2:36	1:37	1:49	1:26	1:37	3:16	3:22	1:13	1:37	1:40
					38:16	41:08	41:48	42:19									
					2:05	2:52	0:40	0:31									
9		**VÁZQUEZ FERNÁN**	SEN	**44:37**	1:14	**3:07**	7:04	8:46	12:10	13:57	23:32	24:10	26:14	30:04	31:04	32:02	36:26
		Independiente/otro			1:14	***1:53***	3:57	1:42	3:24	1:47	9:35	***0:38***	2:04	3:50	1:00	0:58	4:24
					41:09	43:03	44:03	44:37									
					2:34	1:54	1:00	0:34									

os	rsal	Nombre	Cat.	Tiempo													
senior veteranos (14)				***2,4 km 165 m***		***17 C***	*(cont.)*										
					1(33)	2(94)	3(91)	4(92)	5(93)	6(97)	7(90)	8(88)	9(80)	10(82)	11(84)	12(83)	13(87)
					15(34)	16(36)	17(100)	Meta									
10		**Pfirter Benegas, Na**	SEN	**48:50**	1:59	7:16	11:10	13:27	17:41	19:59	21:42	23:55	27:30	33:05	34:11	36:08	38:43
		O Barco de Vald. Cl			1:59	5:17	3:54	2:17	4:14	2:18	1:43	2:13	3:35	5:35	1:06	1:57	2:35
					45:07	47:17	47:58	48:50									
					2:43	2:10	0:41	0:52									
11		**BAO ESTEVEZ, Fran**	VET M	**58:02**	2:33	16:35	20:43	24:02	26:43	28:56	30:51	33:15	36:44	42:21	43:47	45:40	48:07
		O Barco de Vald. Cl			2:33	14:02	4:08	3:19	2:41	2:13	1:55	2:24	3:29	5:37	1:26	1:53	2:27
					54:28	56:37	57:18	58:02									
					2:19	2:09	0:41	0:44									
12		**LIMERES ANTONIO,**	VET M	**1:00:28**	5:05	18:59	22:58	26:28	29:11	31:05	33:14	35:28	39:18	44:53	46:13	48:13	50:38
		O Barco de Vald. Cl			5:05	13:54	3:59	3:30	2:43	1:54	2:09	2:14	3:50	5:35	1:20	2:00	2:25
					56:54	59:06	59:50	1:00:28									
					2:44	2:12	0:44	0:38									
13		**Duràn Pernas, Rem**	VET F	**1:14:39**	2:03	14:17	18:43	22:46	25:17	27:33	29:48	37:49	41:43	46:57	48:35	50:38	53:04
		O Barco de Vald. Cl			2:03	12:14	4:26	4:03	2:31	2:16	2:15	8:01	3:54	5:14	1:38	2:03	2:26
					1:09:44	1:12:52	1:13:53	1:14:39									
					9:14	3:08	1:01	0:46									
		rodriguez mauriz, I	SEN	**andona**	4:45	22:36	-----	35:40	39:57	44:42	58:44	1:02:20	1:09:42	-----	-----	-----	-----
		Independiente/otro			4:45	17:51		13:04	4:17	4:45	14:02	3:36	7:22				
					-----	-----	-----										